



# belmont park

## RACQUETS

**SMASH**TENNIS  
mark nielsen

### CLUB MEMBERSHIP

Membership year is 1 Sept to 31 Aug  
for BOTH tennis and squash and entry to  
the clubhouse.

#### **New Members**

**Special fees** for first year of membership:

**\$315 Adults**

**\$200 Juniors**

**\$785 for families**

*(2 adults and any number of children)*

Please contact the office if you are joining  
part-way through the membership year,  
as a pro rata fee may be available.

mysquashcoach  
MANU YAM



133 Bayswater Avenue  
Belmont, North Shore  
Auckland 0622

Club office hours (Summer)  
Mon - Thurs 1pm-4pm  
Fri 2pm - 4pm  
Updated Dec 2021

Phone: 09 445 8077  
Email: [admin@belmontracquets.co.nz](mailto:admin@belmontracquets.co.nz)  
Web: [www.belmontracquets.co.nz](http://www.belmontracquets.co.nz)

# ABOUT OUR CLUB INTRO & TENNIS

## CLUB INTRODUCTION

Belmont Racquets Club has been part of the North Shore community since 1935. The Club prides itself on promoting values that emphasise fun, fitness, competition, respect, responsibility and success.

Through a strong and committed volunteer base, it has developed well-organised programmes to encourage participation at junior and senior levels. These programmes are offered all year round in a safe and positive environment.

In 2018 the Club was crowned Squash Auckland Club of the year. In 2010 the Club was recognised for its focus and achievements with tennis in general, and junior tennis in particular, when it was named NZ Tennis Club of the Year.

### Belmont Racquets Club has:

- Seven astro floodlit tennis courts
- Three squash courts
- A large tennis volley board area
- Professional tennis coaching with former NZ No.1, Mark Nielsen
- Professional squash coaching with NZ Coach of the Year 2009 & 2015, Auckland Coach of the Year 2018, Manu Yam
- A wide range of junior programmes for both tennis and squash
- A number of adult classes for both tennis and squash
- An excellent bar, kitchen and lounge

## CLUB SOCIAL ADULT TENNIS

### MIDWEEK LADIES—Wednesdays 9am

Join us at our Club Mornings, for a few games of social doubles play. Visitors, Easi Tennis graduates and new members are always welcome.

Contact Kirsten Wright

E. d.k.wright@xtra.co.nz M. 0274 955 915

### DOUBLES NIGHT—Thursdays 7pm

A recently new social night and very popular during winter to keep up your tennis skills. Contact Deb Timmins

E: debbietimmins@me.com M 021 131 4415

### MENS NIGHT—Mondays 7pm

If you want a game against some other blokes, come along on Monday nights for organised games. Just turn up.

Contact Clive Melling

E. clivemelling@gmail.com M. 027 292 2284.

### SUNDAY DOUBLES - 2pm Winter, 3pm Summer

This is a fun, social afternoon of mixed doubles, starting at 3pm in the summer\* (2pm in the winter), finishing up around 5pm. Come along and put your name up on the board - you will be partnered with people of similar ability. Games are approximately 20 minutes long before the bell rings and teams are mixed up again. Then there is plenty of time for a few refreshments and some nibbles in the bar area.

Contact Rex Grey

E. rex\_grey@me.com M. 021 029 37884

## ADULT TENNIS (INTERCLUB)

### MIDWEEK LADIES

Grades range from Premier through to D1.

Matches are played on either Monday or Tuesday mornings commencing at 9.30am typically finishing approx. noon with lunch provided by the hosting team.

Season is Sept to March with breaks for Xmas/New Years.

Contacts: Suzy Nola & Philippa Harknett

E. suzannenola@xtra.co.nz & philippaharknett@gmail.com

M. 021 445 744 & 027 292 7849

### SINGLES / DOUBLES

- Mens – Monday or Tuesday @ 6pm
- Womens – Wednesday @ 6pm
- Play every other week (once a fortnight)
- Team of 4
- Play 1 singles match and 1 doubles match
- Singles matches – Best of three 7 point tiebreak sets.  
Doubles matches – Best of two 7 point tiebreak sets with a ten point 3rd set super tiebreak if required

Contact Rex Grey

E. rex\_grey@me.com M. 021 029 37884

# ABOUT OUR CLUB TENNIS CONTINUED

## ADULT TENNIS (INTERCLUB) continued

### DOUBLES

- Mens - Thursday @ 6.30pm
  - Womens - Thursday @ 6.30pm
  - Play every other week (once a fortnight)
  - Team of 4
  - Play 2 doubles matches  
Best of two 7 point tiebreak sets with a ten point 3rd set super tiebreak if required.
- Games typically finish approx. between 8.30—9.30PM
- Season begins mid Sept with a break over Xmas/New Year and finishing April

Contact Rex Grey

E. rex\_grey@me.com M. 021 029 37884

### DOUBLES / MIXED

- Saturday @ 1pm at North Shore Clubs
  - Play every other week (once a fortnight)
  - Team of 4 men & 4 women
  - Play 1 same gender doubles match & 1 mixed doubles match  
Best of two 7 point tiebreak sets with a ten point 3rd set super tiebreak if required.
  - Games typically finish approx. 4pm—5pm. Both teams then enjoy socialising and a supper provided by the hosting club.
- Season begins mid Sept with a break over Xmas/New Year and finishing April.

Contact Rex Grey

E. rex\_grey@me.com M. 021 029 37884

## JUNIOR TENNIS (BEGINNERS)

### SATURDAY MORNING COACHING - PRE INTERCLUB

All junior members of Belmont Park enjoy attending Saturday morning coaching in Term 1 and Term 4 as part of their membership. The group sessions are 1 hour each, commencing at 9am, 10am and 11am.

The groups are based on age and ability as follows:

9.00am – 10.00am – Bronze – 5 – 8 year olds

10.00am – 11.00am – Silver – 9 – 12 year olds

11.00am – 12.00pm – Gold – 12 + years

Please note that interclub juniors have their own coaching programme. The above coaching groups are for pre-interclub players.

If you are new to the club please speak to one of the coaches and we will ensure your child is placed in the best group for their ability so that they are learning with other children of a similar level. If our coaches feel your child is ready to move into a higher group, we would encourage this. We also have new junior racquets in our Pro Shop if your child would like to upgrade their racquet. Please check out the Smash Tennis website or see Mark for advice on the best racquet for your child.

For children who are not yet members of the club we encourage you to pop along and join into one of the groups. It is lots of fun! We also have many junior racquets available at the club for you to borrow if you do not yet have one of your own. Starts 12 Feb 2022.

Contact the office, Geoff Topham or Louise Welte

E. geoff@raines.co.nz M. 027 430 0698

## JUNIOR TENNIS (INTERCLUB)

All Junior Interclub Club Teams are managed by volunteering parents with support from our Club Convenors.

Every team has one team coaching session each week with club coaches and these are held on Mondays, Tuesdays and Wednesdays after school.

Junior Trials for interclub are held mid September.

Interclub matches are played different days for each age group:

### 9 – 10 years

mixed teams of four played on Wed 4pm

### 11 – 12 years

Girls and boys teams played on Sat 8am – 10.30am

### 13 – 15 years

Girls and boys teams played on Sat either 10.30am or 1pm depending on grade

### 16 -18 years

Girls and boys teams played on Fri 5pm

### Premier grade

(teams of 2) played on Sundays

Contacts Geoff Topham or Louise Welte

E. geoff@raines.co.nz M. 027 430 0698

# ABOUT OUR CLUB SQUASH

## ADULT SQUASH (CLUB SOCIAL)

On a casual basis, Club Day is Saturday afternoons with Women commencing early afternoon and Men from late afternoon followed by socialising in the club lounge.

## ADULT SQUASH (INTERCLUB)

Womens and Mens interclub are both played on Monday and Tuesday nights at home and away. Interclub is all year round broken up into 4 pennants.

Masters Interclub 35+ is a Wednesday night which can be mixed teams.

Senior Members get free attendance for weekend training camps 2-3 times in the year

## JUNIOR SQUASH (CLUB SOCIAL)

Junior Membership includes coaching and attendance to the Friday Junior Club night during terms 2 and 3. Come along kids to improve your skills. Tennis juniors are also welcome to try Squash.

5.00—5.45 pm—12 years and below

5.45—6.30pm—13 years and above

## JUNIOR SQUASH CLUB COACHING

For selected junior members who have reached a certain level they receive weekly coaching through the year along with free attendance to weekend squad training camps which are held 2-3 times each term.

Junior members have access to professional coaching from Manu Yam and his team of coaches,

## JUNIOR SQUASH (INTERCLUB)

Interclub is played Sunday mornings at selected Auckland clubs.

**THANK YOU**

**FOR COMING ALONG**

**TO OUR CLUB TODAY.**

**WE HOPE TO SEE YOU**

**AGAIN SOON AT**

**BELMONT PARK RACQUETS CLUB.**

**Be kind**

**Stay safe**

**Keep smiling**

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